

Bucks Junior Consent for Zoom Squash session

Updated 8.06.2020

1. During the session you will need a racket and ball of some kind - Squash, tennis, table tennis, it does not matter. A water bottle. Appropriate footwear for where you will be taking part in this activity session.
2. Zoom accounts are recommended for 16 and overs, so if your child is below this age please could they log on through your name/account. (Your child's name should not be visible on the screen with their picture)
3. Make sure the space you are doing the session in is clear of anything that could cause harm to anyone be it in your front room or garden.
4. Your camera can be on during the session as well as your microphone. We will record the sessions for both reflection purposes, social media use and retain the recordings safely for up to 36 months.
5. If you take screenshots during the session, be responsible with how you use the image.
6. We will have set breaks during the session, but if you feel you need one during the session you can take one.
7. If you have not done any exercise in a while or if you have an injury, please let me know prior to the session you are taking part in. We can tailor the session accordingly to your needs and you can do the session at your own pace.
8. We will abide by and we expect all participants to abide by the usual Bucks & ES code of conduct - <https://www.bucks-squash.co.uk/resources/>
9. Parents/careers are in charge and by consenting for their children to take part, they do so at their own risk. We advise parents/careers are always on hand to make sure their children are safe throughout the session.
10. Parents are responsible for upholding social distancing guidelines.
11. The link we have provided can only be used by persons who have signed up to take part and not to be forwarded to anyone. Anyone signed on that is not signed up will be deleted from the activity.
12. Matt is an England Squash L3 Squash Coach & Level 3 Personal Trainer.
13. If you have any feedback on the online session, please email to Matt at matt@coachingandfitness.co.uk – If you have any welfare issues, please send them to welfare@bucks-squash.co.uk